



# Hot Dog Newsletter

## President's Report

Hello everyone,

It has been a wonderful year for our dog club. It had started with the puppy classes in January and Dog West trial at the Dogs West grounds and ended the year with a fun Christmas doggy party day at Carine open space.

The club registrations have been filled with many new members. Every Sunday there is an extremely long queue waiting patiently to sign up. This has been constant throughout this year.

The Sunday trainings have been operating smoothly due to the ongoing support from all the instructors. This also includes the Wednesday night team (agility and DWD).

The club hosted seminars with Justine Davenport and Jessica Patterson from Canada. I received good reports regarding the seminars.

We now have a national 600 champion in our midst, Jody Bronovich and her dog Riley went to Queensland along with a number of other members our club.

On another matter, it is with great regret that both of our volunteers who run the van are leaving this year. We know that Hazel Doyle has been in the van for twelve years of service and her side kick Lesley Palmer has also volunteered for six years. Well done ladies. It is also unfortunate to say goodbye to three ladies of the committee: Alison one year service, Carmen and Christine three years service.

I would like take this opportunity to say thank you to my all committee members for all their hard work this year.

See you at training in 2015.

Paul Dyer

President

## For Your Diaries....

### All Sunday class times:

**Puppy classes commences:** Sun 4th Jan '15 @9:00am

**Puppy & Junior Obedience Classes:** Sunday 8:00 am from

**Advanced Obedience Classes (Level 2 & above):** Sunday 9:30 am  
Commences 1st Feb '15

There will be no Obedience classes on public holidays weekends.

**Dancing with Dogs (DWD) Classes:**  
Every Wednesday nights: 7 pm

### Agility Classes commences:

Wednesday from 6:30pm. Date: TBA

New members are required to be assessed. Please read website for more details.

**Dogs West Obedience and Rally O Trial:**  
**Sat 7th Feb '15 6:30pm**

**We will require stewards to assist . Please see van staff.**

**Please see the club calendar on the website**

**[www.northernsuburbsdogclub.org](http://www.northernsuburbsdogclub.org)**

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## Editors Column

Hi members,

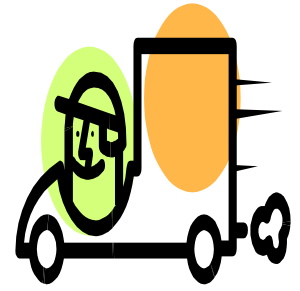
This is my last newsletter as a Hot Dog Editor. I have enjoyed contributing as a committee member, editor, sponsorship coordinator and helper of all sorts. I have met many new friends and was lucky to meet experienced instructors, volunteers and committee members who are so willing to assist and

contribute in dog training. They are all a dedicated and committed. It is a pleasure to work them.

Remember knowledge is to share so that we can reap the rewards of our outcome.

Happy reading!

Carmen Wong



**For van driving volunteers, please email:**

[enquiries@northernsuburbsdogclub.org](mailto:enquiries@northernsuburbsdogclub.org).

Or speak to the lovely van staff or instructors.

For Hot Dog contributions, please email:

[hotdog@northernsuburbsdogclub.org](mailto:hotdog@northernsuburbsdogclub.org)

### Preventing Dog Bites by Learning to Greet Dogs Properly

By Dr Sophie Yin (<http://drsophiayin.com/blog/entry/preventing-dog-bites-by-learning-to-greet-dogs-properly>)

The consensus among animal behaviour professionals is that the major cause of dog bites to humans is related to failure of owners and dog bite victims to recognize when dogs are fearful and know how to approach and greet dogs appropriately. But what exactly is the correct approach and why do so many people fail to do it?

One issue is that we humans have an instant gut reaction to the cuteness of some dogs. It's the same reaction we had as a child when we saw a cute teddy bear or other stuffed animal. As a result we treat pets as if they are cuddly toys. While many dogs are friendly, cute, and love interacting with humans, they are definitely not toys. In fact, when you think about it, dogs are a bit like humans in that the same types of inappropriate greetings that would cause a human to be afraid or irritated would cause a dog to become fearful and even aggressive too. Here are some examples:



**Appropriate and inappropriate approaches:** You'd probably feel threatened if someone randomly walked up to your car and stuck their hand into the window to reach for you. Similarly dogs may feel scared or violated if you reach into their safe space. It's best to stand out of the dog's safety/ threat zone and even look away so it's clear you're not some bad guy trying to break in.



**Appropriate and inappropriate approaches:** It's mostly kids who rush up uncontrollably to pet a dog, but even adults encroach threateningly. For instance, suddenly reaching out from nowhere without first asking parents or the owner can lead to bad results. Even children are nervous of strangers approaching, and rightly so. We shouldn't expect our dogs to be more comfortable with stranger danger than our kids. That's why it's important to always ask owners if it's OK to greet their pets. It's up to the owner to know their pet well enough they can inform others if it's safe to pet their dog and if the dog will enjoy the interaction.



**Appropriate and inappropriate approaches:** People frequently see a cute pooch and want to rush up to pet him. Just as you might feel scared if a stranger or even an acquaintance ran right up to you, a dog may feel uncomfortable too. It's best to approach slowly—at a leisurely walk while watching the dog for body language signs of fear.



**Appropriate and inappropriate approaches:** Starting in childhood, we were all told to avoid staring. It's rude, and even creepy. So even if a dog's owner says it's OK to greet Rover, avoid approaching head-on and staring. Instead, approach offset or sideways and look using your peripheral vision.



**Appropriate and inappropriate greetings:** Have you ever seen a toddler or young child visiting Disneyland or some other theme park to see their favorite beloved cartoon character? But when they see Mickey Mouse or Yogi Bear he's gigantic in size and looming over them and they get scared. The same thing happens to dogs. They may seem friendly and happy as you approach, but if you loom over them, especially if you're facing them head on, you can cause them to have a meltdown. That's why it's better to stand facing slightly sideways and remain outside their personal space or bubble. Note that the size of the bubble varies from dog to dog. Then let them approach at their own rate if they feel like it. If they don't feel like approaching, then just admire them from a distance. For little dogs you can squat down to their level. But be careful to do so from far away and face sideways so that when you are shorter your face isn't right in their face.

and they reached a hand out towards you. It's best to let the dog approach at his own rate and avoid putting pressure on him by reaching out.



**Appropriate and inappropriate greetings:** Some kids have phobias about clowns or certain types of people. Similarly some dogs are afraid of some types of people or people wearing or carrying certain objects or in various environments. Even if you've followed all of the appropriate greeting rules so far, some pets may still feel uncomfortable. So if you see signs of fear, discomfort or tension (link to the dog body language/ dog bite prevention-the one from Friday's blog), even if the dog comes up to sniff you, still avoid petting him. Instead just admire the pet from nearby.



**Appropriate and inappropriate interactions:** Lastly, remember that some interactions are just not appropriate or aren't as fun for the animal (or for children) as you think. For instance, most kids don't like being pinched on the cheek even if they will put up with it. Similarly most dogs dislike being hugged even by family members even if they allow it. Imagine how a dog who dislikes hugging might react if they are hugged by someone with whom they're only mildly familiar. When interacting with a dog, especially an unfamiliar one, avoid hugging, patting or petting in an overly familiar way. Instead pet in a calm, gentle, relaxed manner.



**Appropriate and inappropriate greetings:** Although you've probably heard that you should greet dogs by letting them sniff your hand, reaching out to their face is actually pretty rude, especially if you're facing them or staring. Imagine if someone was standing near you

While many humans routinely greet dogs inappropriately and many dogs put up with this socially inappropriate behaviour, if you stop and think about it, correct greetings are common sense. We should be respectful of dogs instead of assuming they should be friendly and polite even when we humans are not.

<http://moderndogmagazine.com/>

Can my dog eat that? Apples, salmon, pumpkin, beans, yogurt... people foods that are safe for your dog to eat. As a responsible and informed dog lover, you probably know that too much "people food" can make your dog ill or overweight, but there are some human foods that can be safely added to your dog's meals in moderation to give a nutritional boost to Queenie's diet and add a bit of variety to her food bowl. Just remember: any additions to your dog's meals shouldn't comprise more than 25 percent of her weekly caloric requirement. –

1. **Yogurt** is a good source of available calcium and protein. When choosing yogurt, pick one that has live active bacteria and no sugars or artificial sweeteners. The active bacteria may act as probiotics. If your pooch is pudgy, make sure that you pick fat-free yogurt but not one that contains fat substitutes. Frozen yogurt is a nice summer treat for dogs.
2. **Flax seed** (ground or oil) is a good source of omega-3 fatty acids, which are essential fatty acids that are good for skin and coat. Whole flax seeds are best if ground right before feeding as this type of fat can go rancid quickly. Flax seed can also be added to your dog's diet as a source of fibre. Flax oil is a more concentrated form of omega-3 fatty acids without the fibre. Make sure that you store the oil or seeds in the fridge in an air tight dark container.
3. **Salmon** is a fatty fish which is also a good source of omega-3 fatty acids. These fats support the immune system and can be beneficial for skin and coat health. There has also been some indication that they may benefit dogs with allergies. You can feed salmon or salmon oil. If feeding salmon, make sure it's cooked before serving, as raw salmon can carry a parasite that can make your dog sick.
4. **Pumpkin** is a good source of fibre and beta carotene (a source of vitamin A). Dogs need fibre in their diet. The current trend is towards highly digestible diets that lower stool volume and this is not necessarily a good thing. Keeping the GI tract moving helps keep the cells lining the gut healthy.
5. **Sweet potatoes** are another source of dietary fibre and contain vitamin B6, vitamin C, beta carotene, and manganese. Sweet potatoes are great sliced and dehydrated as a chewy treat for your dog. There are so many dog treats on the market that we often overlook the simple, healthy, and reasonably priced treats available at our grocery store.
6. **Green beans** are a good source of plant fibre, vitamin

K, vitamin C, and manganese. If your dog has a tendency to put on weight, then replacing some of her regular food with green beans is a great low calorie way to fill her up and help her maintain a healthy weight. Many dogs enjoy green beans frozen.

7. **Eggs** are a great source of very digestible protein, riboflavin, and selenium. For some dogs that are prone to digestive upset, eggs can give them a little protein boost. Adding eggs to your dog's food is a healthy treat. Make sure to use cooked whole egg, as raw egg whites can cause biotin deficiency. If you do a lot of training with your dog, consider taking cooked eggs to your next class as training treats.

8. **Brewer's yeast** is the yeast that's left over from making alcohol. Dogs seem to really enjoy the tangy taste of brewer's yeast. It's full of B vitamins which are good for skin, coat, and carbohydrate metabolism. Make sure you're using brewer's yeast (available at health food stores), not baking yeast which will make your dog sick. Brewer's yeast can spice up your dog's appetite. Just sprinkle a little on the food of a picky eater and watch her dive into her food.

9. **Apples** are wonderful crunchy treats for your dog. Apples with the skin on are full of plant chemicals (phytonutrients) that are thought to be protective against some types of cancer in humans. They are a source of vitamins A and C and fibre. Apple seeds, however, contain cyanide so your dog should not be allowed to eat the core. Though the effects of a few apple seeds will likely not harm your dog, the deleterious effects can accumulate over time if allowed to eat apple seeds regularly.

10. **Oatmeal** is a good source of soluble fibre. This can be beneficial for some older dogs that may have trouble maintaining bowel regularity. Oatmeal is also an alternative source of grain for dogs that are allergic to wheat. It can be fed in conjunction with probiotics to enhance their function. Keep in mind oatmeal should always be fed cooked and plain with no sugar or flavouring.

As always, check with your veterinarian before making any major changes to your dog's diet, especially if they are on any medications. Upsetting the vitamin and mineral balances in your dog's diet can have negative effects on your dog's health and some medications interact badly with some nutrients. The aim of most dog owners is to give their dogs the best diet possible. suggestions above are not meant to replace your dog's normal, balanced diet. Rather, they are ideas for alternative treats or for adding a little variety to your dog's meals.

Doggy Jokes and Funny Story Corner

**Dog's Office**

Whoever put this together not only loves animals But definitely worked in an office!



CEO

CEO's right hand



Upper manager

Upper manager's right hand



Seasoned employee

New hire



Sysadmin

Finance



Intern

The Secretary!



9:01 PM

At home after work



Company event



After the company event



Sick leave

Faking sick leave

**Obedience Instructors**

Senior Instructors: Lyn Harrison  
Jackie Regterschot  
Lesley Ross  
Frances Coull

Puppy Specialist: Bernice Nesbitt

Instructors: Suzette Adlem  
Marilyn Brennan  
Rocco Carotozzolo  
Vel Donatti  
Paul Dyer  
Daniela Fischer  
Fay Gretton  
Harry Glasgow  
Elaine Hughes  
Vicki Nemeth  
Alison Oddy  
Erik Sauter  
Ingrid Strong  
Dorothy Williams

Trainee Instructor: Linda Castieu

Assistants: Heike Bettell  
Jeanette Langley

Rally O Instructor: Judy Tsakalos

**Agility Instructors**

Senior Instructors: Jody Bronovich  
Gina O'Keefe

Instructors: Irene Levitzke  
Tracey Lord

**DWD Instructor**

Senior Instructor: Vel Donatti

**Training Consultant:** Gina O'Keefe

**Club Committee Members 2015**

President: Paul Dyer  
Vice President: Vel Donatti  
Secretary: Daniela Fischer  
Treasurer: Harry Glasgow  
Committee Members: Maria Caratozzolo  
Peter Kerr  
Emily Quek  
Erik Sauter  
Sue Aston  
Andrew Radonjic  
Lenore Radonjic  
Maros Surmin

**Club Awards for 2014**

President's Award:

Stevelcar Award (Someone who was always there and willing to help): *Carmen Wong*

Juno Junior Handler Award: (Junior Handler who has achieved great results with his dog):

*Leon Nobes and Diesel*

Best of Friends Award: (Awarded to the dog and handler who has a special rapport) *Sharon and Bailey*

Hard Worker Award (Awarded to the handler who with perseverance has achieved a level of training that is commendable for any reason): *Jo Ward and Charlie*

Borderlight Trophy Award (Awarded to the most improved Handler): *Erik Sauter and Guybrush*

"Best wishes for the New Year and remember to clean up after your dog"

**"WE WILL SIMPLY HAVE TO STOP CUTTING DOWN TREES. THIS IS GETTING 'BLOODY' SERIOUS".**





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Email : [info@gadgetfabrications.com](mailto:info@gadgetfabrications.com)

### **ADVERTISE IN THE HOTDOG!**

Members have the opportunity to advertise businesses on the back of our Hot Dog e-newsletter.

Quarter page advertisement will be charged at \$50 per issue of the Hot Dog (Quarterly).

For more information, contact the Club secretary or Hot Dog editor:

[secretary@northernsuburbsdogclub.org](mailto:secretary@northernsuburbsdogclub.org)

[hotdog@northernsuburbsdogclub.org](mailto:hotdog@northernsuburbsdogclub.org)

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- ✓ Uses warm water
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- Clarkson ..... 9408 5100
- Jandakot ..... 9417 1522

- Kelmscott ..... 9390 4290
- Malaga ..... 9249 3125
- Midland ..... 9274 5322
- Myaree ..... 9317 5555
- Osborne Park ..... 9242 7977
- Port Kennedy ..... 9524 5450

Wangara ..... 9309 6300

**REGIONAL**

- Albany ..... 9842 8875
- Bunbury ..... 9721 8922
- Geraldton ..... 9921 2648

Some stores open later on Thursday nights. Pictures for illustrative purposes only. Some products may not be available in all stores. Regional prices may vary. Online pricing may vary to in-store pricing.