



Hot Dog Newsletter

President's Report

Hello everyone,

I like to thank Maria Caratozzolo and the volunteers that assisted in organising and running our members trial that was held on Sunday 31st of March. To all participants who entered, I hope you enjoyed the experience of competing and you are encouraged to enter further competitions. Furthermore, I would like to again thank Maria and Rocco and all the volunteers for our Dog West trial that Maria organised in February. We had to hold this trial at Dogs West grounds due to unforeseen circumstances Maria and Rocco put in a lot of work, so thank you again for your efforts. We had lot of entrants it was a successful trial. My congratulations go to all who entered our trials.

At the last members trial and on Sunday mornings as I was walking around, the amount of dogs on lead playing with another dog on lead was not acceptable please remember the 3 second rule from your training and also ask the owner if the dog can meet. Dogs playing on lead could turn into a dangerous situation.

Dogs can turn aggressive on a lead, and owner can get injured if they get caught between dogs.

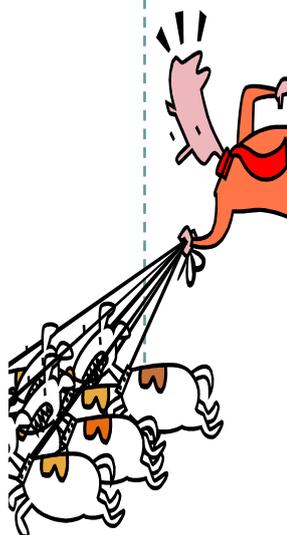
Our club discourages the use of plastic bags with treats in them for training for many reasons, with two in particular. Firstly, a dog could potentially ingest the plastic bag which is dangerous. And secondly, is your dog becomes slower because you're trying to access the plastic bag at the end of an exercise while dog is waiting to be rewarded. We do sell material treats bags at the van.

The other day, while I was walking my dog around the streets I was surprised about amount of broken glass around. So please be careful where your dog is walking.

See you all at training

Paul Dyer

President



For Your Diaries....

All Sunday class times will change from 6th April '14:

For Puppy & Junior Obedience Classes: Sunday 09:00 am

Advanced Obedience Classes (Level 2 & above): Sunday 10:30 am

Agility Double Header Trials (AM & PM):
Sunday 8th June '14

Dog West Obedience & Rally O Trial:
Sunday 22nd June '14

We require volunteers for these events, if you can assist, please see the Van Staff at training.

There will be no Obedience classes on the public holidays weekends.

Agility Classes commences:

Wednesday 30th April, from 6:30pm.

No novice agility training on 16th & 23rd April.

New members are required to be assessed. Please read website for more details.

Dancing with Dogs (DWD) Classes:

Wednesdays at 7:30pm

(7 pm start for the 16th & 23rd April)

Please see the club calander on the website

www.northernsuburbsdogclub.org

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Editors Column

Hi members,

Welcome to the next edition of Hot Dog. Thank you to all the members who entered and assisted in setting up the day and running the Members Competition on the 30th March. It was a great day. Lots of dogs from puppy to 2B classes were promoted. Your support to the club is important to keep the services going.

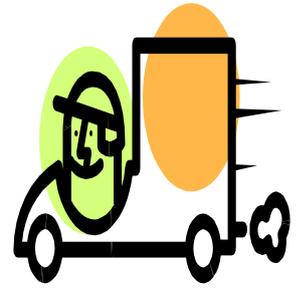
and the club Facebook.

There is a new Northern Suburbs Dog Club Facebook for your viewing. We will post any information if there is any cancellation of classes. More in-depth information about the club will remain on the website.

Happy reading!

Carmen Wong

There are more photos of the day available on the website



For van driving volunteers, please email:

enquiries@northernsuburbsdogclub.org.

Or speak to the lovely van staff or instructors.

For Hot Dog contributions, please email:

hotdog@northernsuburbsdogclub.org

Travelling with your Pet

Before you go

Ask yourself: will my cat or dog be comfortable and happy on a trip? Some animals simply prefer to stay at home and a "homesick", possibly motion-sick pet will ruin everyone's trip. In such a case it's probably wiser to leave your pet with a friend, relative or hire a "petsitter". If that is not possible, you might consider boarding him at your veterinary clinic or a clean, well-run kennel or cattery.

Plan ahead

If you do decide to take your pet along, you must take as much care with the preparation of your pet's trip as your own. If you plan to travel by plane or boat, find out if your pet will be welcome and what kind of reservations and transport arrangements must be made. If you'll be staying at hotels, motels or campgrounds, you must check if animals are allowed or if kennel facilities are available. If you're staying with friends or family, make sure your pet is also invited.



Travelling by plane

- Contact the airline you wish to fly well in advance - each has its own regulations, and reservations for your pet will be necessary.
- Be sure to ask about the airline's rules for pet crates or carriers.
- Try to book a direct flight, or one with a minimum of stops.
- Be at the airport early, place them in their travel crate yourself and pick your pet up promptly when you land.

Consider contacting a pet transport company who can usually arrange a complete door-to-door service and look after any paperwork required.



Travelling by car

- If your pet is not used to being in a car, take him or her for a few short rides before your trip. Your cat will probably be most comfortable in a carrier.
- Pets should NEVER be allowed to put their heads outside the window when riding in a car. Dirt particles or stones flicked up by tyres can cause injury or infections.
- Dogs travelling in the back of utes should be either caged or tethered. The lead or chain should be attached to a harness or secure neck collar, with the other end securely fastened to a point near the middle of the cabin. The chain or lead should be of a length that will allow the dog to lie down, stand and move about, but should be short enough so that the dog cannot put its legs over the ute's sides or climb onto the roof of the cabin.
- Plan 'snack', exercise and rest stops about every two hours if you're taking a long drive.
- Give the main meal at the end of the day. Dry food is most convenient, but if your pet requires canned food, dispose of any unused portions if they cannot be refrigerated.

It is not recommended to leave your dog or your cat in a parked car for a prolonged period of time. If you must leave your pet in a parked car, lock all doors and open windows enough to provide good ventilation, without allowing them enough room to jump out or get their head caught.

Travelling with your pet... story continues..

Remember, on hot days the temperature in a parked car can rise to dangerous levels in just minutes and your pet could die of heat stroke.

Wherever you go

- Ensure your pet ALWAYS wears a collar with complete identification and a registration tag.
- Pack his or her favourite food, toys and dishes, a cooler of water and a leash.
- Have your pet examined and vaccinated, if necessary, by your veterinarian before a long trip.
- If your pet must travel in a crate or carrier, be sure it is strong, large enough for them to stand up and turn around, has a place for food and water, is well ventilated, has a leak-proof bottom and closes securely.

Contact the Australian Quarantine and Inspection Service (AQIS) or ask your veterinarian for advice if you are planning to move overseas with your pet, as health and vaccination regulations vary greatly.

Article from Nedlands Vet Centre: <http://mvol.com.au/travelling-with-your-dog.html>

Fear of Travelling in the car

Most dogs are thrilled at the prospect of a ride in the car. Leaping in willingly, they either settle down for a relaxing nap, race back and forth barking excitedly at every passing car or pedestrian, or gaze out the window, sniffing the air and anticipating a fun adventure. There are some dogs, however, who fear car rides. Some dogs dislike car rides from their first experience. Others seem fine when riding in a car until something happens that frightens them. For example, if a dog who has always enjoyed riding in the car experiences some trauma, like an accident, she might develop a lasting fear of riding in cars. Puppies and adult dogs who are new to riding in cars typically suffer motion sickness the first few times, but most grow out of it. Unfortunately, some dogs don't, and these individuals have a really tough time learning to enjoy the experience. Sometimes dogs develop an aversion to car rides because they only ride in cars when going to the veterinary clinic. Imagine if you only rode in a car to go get vaccinations somewhere—you'd soon learn to dislike the car, too!

Other Possible Causes of Fear of Riding in Cars

Medical Causes

See your veterinarian if your dog suffers persistent motion

sickness. Dogs with motion sickness seem inactive and listless. They often drool and progress to vomiting, even on an empty stomach. If your dog appears ill after several car rides, consult your veterinarian about treatment for motion sickness. If your dog develops a fear of riding in the car for no apparent reason, have him checked out by your veterinarian for orthopaedic problems. If he's sore, he might be reluctant to jump in and out of the car, and this reluctance might make him seem afraid of car rides.

Prevention

If you have a puppy or a new dog, spend some time teaching her to enjoy being in the car. Place a comfortable bed on the seat so that your dog doesn't slip and slide on the upholstery. Feed your dog her meals in the car while you sit in the driveway and run the engine. Give your dog plenty of tasty treats in the car without ever driving anywhere. You can even give her a tasty bone or stuffed KONG® toy to work on while relaxing in your parked car.

When you introduce car movement, start with short rides and gradually build up your dog's tolerance for riding in the car. For example, the first time, just start your car, back out of the driveway, drive back into the driveway and turn off the ignition. Repeat this sequence for a couple of days, once or twice a day, always giving your dog a few tasty treats during her time in the car. Then try a quick trip around the block. After a day or two of doing that, try a five-minute drive around your neighbourhood. As long as your dog doesn't show signs of anxiety—such as panting, trembling, whining, cowering or drooling—you can continue to slowly increase the amount of time she spends riding in the car over the next couple of weeks.

The easiest way to prevent your dog from developing a fear of riding in the car is to make sure that the majority of the time you take her for a ride, you go somewhere fun. Take her to the dog park or to a hiking trail, even if it's within walking distance. Take her to the local pet store and go shopping for treats. Take her to visit friends or relatives. Then that once-a-year trip to the veterinarian won't be the only event associated with riding in the car.

Treating Your Dog's Fear of Riding in Cars

Motion Sickness: Puppies and Dogs Who Are New to Riding in the Car

The key to helping your dog or puppy overcome motion sickness is to go slowly and avoid making her nervous. After practicing each of the steps below for a few days, progress to the next step as long as your dog seems completely relaxed at the current step. Dog body language can be subtle, so it's sometimes difficult to tell how a dog feels at any given moment. To determine what your dog looks like when she's relaxed, take note of what her body, ears, eyes and tail do when you know she's in a situation she finds pleasant. For example, notice what your dog looks like when you and she are relaxing together on the couch or taking a leisurely walk.

Story about fear of travelling in the car

Story continues...

Signs that a dog feels calm and content are relaxed posture (muscles relaxed, not tensed), normal breathing or slight panting, eating at a normal pace, wagging and wiggling. If your dog doesn't seem relaxed, don't move on to the next step until she does. If she shows signs of anxiety, such as panting, trembling, whining, cowering or drooling, you might have progressed too quickly. Go back a step or two and stay at that level until your dog seems relaxed again.

- Begin by teaching your dog to be comfortable in the car while it's stationary. Simply relax in the driveway. Start up the engine but don't go anywhere. When your dog seems completely comfortable hanging out in the car when it's not moving, you can start to take numerous, very short trips.

- Just back in and out of your driveway at first.

- Then, after you spend a few days practicing Step Two, try driving around the block.

- Gradually increase the distance you travel, adding five minutes of time in the car every few days.

Schedule your practice car trips for times of the day when your dog is well exercised and likely to feel calm. Make sure she hasn't eaten for at least three hours so that if you do accidentally make her nervous and she vomits, there's less mess to clean up. You can also consult your veterinarian about medication for motion sickness. If the problem persists, your vet might prescribe a sedative for your pet on travel days.

Dogs Who Fear Riding in the Car Because of an Unpleasant Experience

One of the most common treatments for fears and phobias in animals is desensitization combined with counterconditioning (DSCC). For a thorough explanation of these effective but complex treatments and guidelines for their successful use, please see our article, [Desensitization and Counterconditioning](#). In a nutshell, desensitization means to make your pet less sensitive to what she fears, and counterconditioning means to teach her a new, pleasant association to replace the unpleasant association she already has.

Below are steps for treating a dog who's afraid of riding in cars. Please keep in mind that this is a sample protocol only. To be most effective, treatment steps must be tailored to your dog and her particular fears. Because treatment must progress and change according to your pet's reactions, and because these reactions can be difficult to read and interpret, systematic desensitization and counterconditioning are most effective under the guidance of trained professionals.

Sample Treatment Steps

To help your dog overcome her fear of riding in the car, try to go slowly and avoid making her nervous. After practicing one of the steps below, progress to the next step as long as your dog seems completely relaxed. Do as many repetitions as you need to achieve the goal described at

each step. You might complete some steps in a single session, while others will take days or even weeks of training sessions. It can be difficult to interpret dog body language to know how a dog feels at any given moment. To determine what your dog looks like when she's relaxed, notice what her body, ears, eyes and tail do when you know she's in situations she finds pleasant, like when you and she are relaxing together on the couch or taking a leisurely walk. Signs that a dog feels calm and content include relaxed posture (muscles relaxed, not tensed), normal breathing or slight panting, eating at a normal pace, tail and ears held normally (not plastered back or tucked under), and possibly wagging and wiggling. If your dog doesn't seem relaxed, don't move on to the next step until she does. If she shows signs of anxiety, such as panting, trembling, whining, cowering and tucking her tail or drooling, you might have progressed too quickly. Go back a step or two and stay at that level until your dog seems relaxed again.

- Begin by teaching your dog to be comfortable in the car while it is stationary. Simply relax in the driveway. Start up the engine but don't go anywhere. Give your dog several tasty treats or a tasty chew bone while you sit there. Be sure to stop giving treats or take away the chew bone as soon as you get out of the car. (You could also just leave the bone in the car.) Repeat this step once or twice a day for a week or two or until your dog seems completely comfortable and doesn't show any signs of stress.

- When your dog willingly jumps into the car and seems relaxed with the engine running, just move the car out of the driveway. Stop and, with the engine still running, give your dog a few treats or if your dog loves toys and play, have a quick play session, tossing a ball or toy around in the car. Drive back up the driveway and end your treatment session. Continue with short movements of the car, followed by treats and playtime. Stay at this level until your dog appears totally relaxed, whether the car is moving or stationary.

- If you have a dog park or hiking trail near your home and your dog enjoys going there, drive your car to within a block or two of the destination—without your dog. Then walk back home and get your dog. Walk with her to the car. Get into the car and drive the short distance remaining to the park or trail. Enjoy the reward of going for a walk together or playing a bit there. Afterwards, walk your dog home. Do this repeatedly until your dog seems comfortable getting into the car and driving the short distance to the fun destination. With each subsequent trip, park the car a bit farther away from your destination so that your dog's car ride is slightly longer but always ends at the place she loves.

As you build your dog's tolerance for longer and longer car rides, add fun places to go, like friends' or family members' houses, a park or a lake, a favourite dog-buddy's house and the pet store. Always end the ride with an enjoyable experience.

Travelling with your pet... story continues..

- Once your dog is comfortable with short car rides, take her for drives on the highway. The continuous motion, uninterrupted by stops and starts, makes most dogs sleepy. This effect will further promote relaxation in the car.
- If you have to take your dog on a lengthy trip before you've completed your treatment exercises, ask your veterinarian about sedating her for the duration of the trip. This way she won't be unnecessarily frightened and regress back to her original fearfulness.

Additional Tips

- Some dogs feel more comfortable riding in the car when in a crate. Others are more content if they're not confined and can see out of the windows. If your dog likes her crate in the house, try using the same crate in the car. If she seems to enjoy watching the world go by, buckle her into a pet seat belt in the back seat or in the rear of your vehicle. (You can purchase a pet seat belt, like the Roadie® Ruff Rider® Vehicle Restraint System, from major pet stores or online vendors.)
- Only allow your dog to ride in the front seat of the car if she's wearing a seat belt and you've deactivated your car's airbags. A deployed airbag can easily kill a dog, even if the accident's just a minor fender bender.
- If you have leather or vinyl seats, put a blanket or dog bed on your dog's seat so that she won't lose her footing as the car moves.

What NOT to Do

- Do not try to get your dog used to riding in a car by subjecting her to repeated long car rides. This will only cause your dog suffering and won't do anything to resolve her fear or motion sickness. In fact, it's likely to make her worse.
- Do not yell at your dog if she vomits or whines while riding in the car. Verbal or physical punishment won't make her a better passenger and could heighten her anxiety and fear of riding in cars.
- Do not give your dog medication of any kind in an attempt to relieve her motion sickness or fear of riding in cars. Always consult your veterinarian first.

<http://www.asPCA.org/pet-care/virtual-pet-behaviorist/dog-behavior/fear-riding-cars>

Dog Puzzle

Famous Animals: Guess the actor it personifies:

1.



2.



3.



4.



Dog Cartoons



Dog Joke

"I'm going to get my dog a job as a blacksmith."
 "Oh yeah, how's that?"
 "Every time I get the hair clippers out, she makes a bolt for the door."

Club Committee Members

- President: Paul Dyer
- Vice President: Lesley Ross
- Secretary: Daniela Fischer
- Treasurer: Harry Glasgow
- Committee Members: Maria Caratozzolo
Vel Donatti
Peter Kerr
Christine Murray
Alison Oddy
Emily Quek
Erik Sauter
Carmen Wong

Obedience Instructors

- Senior Instructors: Lyn Harrison
Bernice Nesbitt (Puppy Specialist)
Jackie Regterschot
Lesley Ross
Frances Coull

- Instructors: Suzette Adlem
Marilyn Brennan
Rocco Carotozzolo
Vel Donatti
Paul Dyer
Daniela Fischer
Fay Gretton
Harry Glasgow
Elaine Hughes
Vicki Nemeth
Erik Sauter
Ingrid Strong
Dorothy Williams

- Trainee Instructor: Linda Castieu
Alison Oddy

- Assistants: Heike Bettell
Jeanette Langley

Agility Instructors

- Senior Instructors: Jody Bronovich
Gina O'Keefe
- Instructors: Irene Levitzke
Jennifer Fairley

DWD Instructor

- Senior Instructor: Vel Donatti

Training Consultant:

- Gina O'Keefe

Photos: Members Competition 30th March '14





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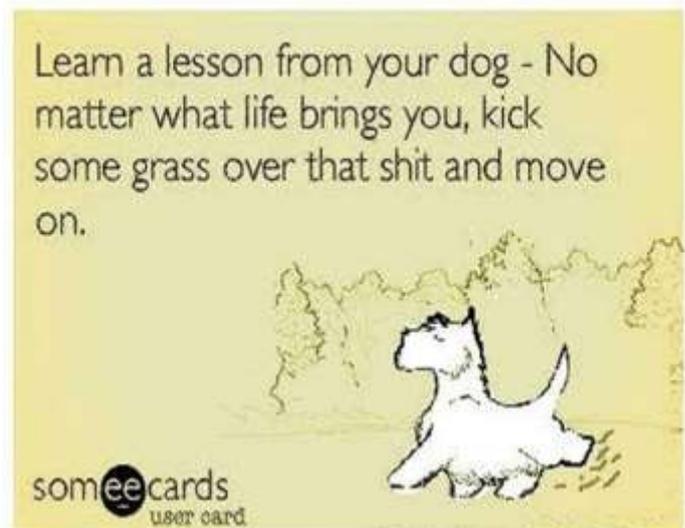
Members have the opportunity to advertise businesses on the back of our Hot Dog e-newsletter.

Quarter page advertisement will be charged at \$50 per issue of the Hot Dog (Quarterly).

For more information, contact the Club secretary or Hot Dog editor:

secretary@northernsuburbsdogclub.org

hotdog@northernsuburbsdogclub.org



Dog Puzzle

1. Captain Sparrow
2. Albert Einstein
3. Michael Jackson
4. Kathy Perry

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- Albany 9842 8875
- Bunbury 9721 8922
- Geraldton 9921 2648

Some stores open later on Thursday nights. Pictures for illustrative purposes only. Some products may not be available in all stores. Regional prices may vary. Online pricing may vary to in-store pricing.