



# HOT DOG

OCTOBER 2008

[www.northernsuburbsdogclub.org](http://www.northernsuburbsdogclub.org)

## FROM THE PRESIDENT

Hello everyone and welcome to our second 'on-line' edition of Hot Dog. The responses we received to our inaugural edition were all positive, so a big 'Thank You' to our Hot Dog editor, Emma Papworth.

I would like to remind everyone that our AGM is being held on 18th November 2008 and we would urge our members to attend as there are a lot of changes and important matters on the agenda. The main one that comes to mind is the election of office bearers. There will be three committee positions available and Lyn, our Vice-President and one of our longest serving members and most 'senior' instructor, has decided it's time to retire. Jenny Parker, who has served as our Treasurer for the past two years, is moving down south, and, after serving three years as President and several years as a committee member prior to that, I have decided not to stand for re-election. I believe it's time for the Club to have some 'new blood' in the decision making process and would encourage members to seriously consider nominating for one of these positions.

Our last day of training will be the 7th December and this is always a Fun Day with lots of games for you and your dog, raffles, prizes and Santa will pay us a visit. We also have a Rescue Dog Parade, where we acknowledge the efforts of our members in transforming these dogs from untrained, over-the-top dogs into socially acceptable members of society. So, if your dog is a rescue dog, make sure you put your name down to be part of the parade.

Enjoy your training and mark the date of the AGM in your diary. Hope to see you there.

Lesley Ross—President

## OFF THE EDITORS DESK

Hi all and welcome to the Hot Dog again. I would like to take this opportunity to say thanks to everyone for all the positive feedback and support I've received since taking on the role as Hot Dog editor.

In this edition you will find some rather interesting articles, including one by veterinarian and club member Dr Kriszty Cumming on obesity in dogs. There is also a great Kong recipe for you to try.

Don't forget it's also time to renew your membership. Hard copies of the enrolment forms are available from the van, or alternatively you can download one from the club's web site.....

[www.northernsuburbsdogclub.org/enrol.pdf](http://www.northernsuburbsdogclub.org/enrol.pdf)

Happy training to everyone  
and remember.....  
It's all about having FUN  
with your dog!! Ed.



## ~ AGM ~

Tuesday 18th Nov  
Carine Main Hall  
7:30 pm



**~ DON'T FORGET ~**  
**2009 TRAINING RESUMES**  
**ON SUNDAY FEBRUARY 1ST**  
**~ MARK YOUR CALENDAR NOW ~**

# TRIAL RESULTS

**CLUB MEMBERS COMP**  
**14TH SEPTEMBER 2008**

**Puppy Class**

1st Irene Irving Shep

**Class 1A**

1st Dorothy Williams Jewel  
 2nd Julia Kelley Ebony  
 3rd Rita Perry Mud

**Class 1B**

1st Jasmine Bagatella Bella  
 2nd Simone Wright Tahly  
 3rd Sara Clark Rosie

**Class 1C**

1st Peta Loudon Annie  
 2nd Tracey Care Mia  
 3rd Jane Hogben Seamus

**Class 1D**

1st Anne Parrott Zak  
 2nd Amber Sharpe Lucy  
 3rd J.J Williams Daisy

**Class 1E**

1st Nahiid Stephens Hamish  
 2nd M. Westacott Schnapps  
 3rd Kathy Gecan Tara

**Class 2**

1st Agata Ratajski Cooper  
 2nd Andrea Carde Tommi  
 3rd Roz Hart Sophie

**Class 3**

1st (Ach) Diane Duncombe Rex  
 2nd (Ach) Faye Gretton Silas

**Class 4**

1st Bernice Nesbitt Chuckles  
 2nd (Ach) Lesley Palmer Gryphon

**Class 6**

1st (Ach) Simone Thomas Mitsey  
 2nd (Ach) Vel Donatti Sheeza

**Class 9**

No Qualifiers



**CLUB JUMPING TRIAL**  
**17TH SEPTEMBER 2008**

**Group A**

No Entries

**Group B**

1st Tracey Care Zac  
 2nd Suzette Adlam Jess  
 3rd Anita Marchasani Bessie

**Pre Trial**

1st John Linney P.Jaye  
 2nd Nicola Monty  
 3rd Dianne Duncombe Rex

**Preliminary**

No Qualifiers

**Intermediate**

1st Vel Donatti Sheeza

**Advanced**

1st Gina O'Keefe Indie  
 2nd Jodie Bronovich Nichol  
 3rd Andrea Carde Lisa

**2008 AGILITY NATIONALS**

*This years National Agility Trial was held in Victoria from the 29th—31st August. Hundreds of competitors come from all over Australia and New Zealand to compete and enjoy a great weekend. There is always a great turn out of dogs from WA including several of our members.*

*This year our club had several members competing, and this they did very well, earning placings in the finals in four out of eight events!! Kristy Cummings and her border collie, Terra took home the highest honours with their win in Masters Jumping and second in Masters Agility.*

*Congratulations also go to Jody Bronovich who gained 2nd Place in Novice Agility and 4th Place in Novice Jumping with her young dog Tivy. Jody also took out 3rd Place in Masters Jumping with her older dog Nichol. A great result too for Gina O'Keefe with Indie who placed 3rd in Open Agility and 6th in Masters Agility.*

*A fantastic effort—Well Done!*

## OBESITY IN DOGS — A GROWING EPIDEMIC

Obesity in dogs is one of the most common medical conditions presenting in the veterinary clinic these days. It is very hard to resist those pleading eyes- I know this as I have 3 pairs of them fixated longingly on mine, heads resting gently on my knee..what kind of mean owner wouldn't share, just a bite?

Musculoskeletal disease such as arthritis and cruciate rupture, endocrine problems such as diabetes, cancers, cardiovascular problems.. these are just a few of the diseases that can be exacerbated or triggered by your dog being overweight.

How do I tell if my dog is overweight? You should be able to feel your dog's ribs by gently running your fingers over his chest (WITHOUT having to dig in!) Your dog should also have a clearly discernable waist— yes that nice hourglass shape— out at the chest, in at the waist.

How do I get weight off my dog? Once you have decided your dog is overweight then make a mental note of EVERYTHING your dog eats (including snacks, bedtime biscuits etc) and feed 3/4 of that. If your dog is still hungry then you can feed cooked veggies which most dogs will eat- no onions/ garlic, no potato/pumpkin or pasta/rice (full of carbohydrates) but peas beans carrots etc are a great way of filling the dog up without adding calories. Some dogs might also need their exercise increased but this should be done cautiously and gradually and overweight dogs should not be taking part in dog sports, particularly ones that involve lots of jumping and stress on the body such as agility. Most vet clinics have scales out the front that they encourage people to use to keep track of their pet's weight loss.

Making sure everyone in the family is aware that the dog is on a diet is also important otherwise progress might be very slow!

How fast should my dog lose weight? Slowly is safer. Aim for approx 15% of the total weight they need to lose per month, meaning they should get to the target weight in approximately 6 months. Your veterinarian can help you set a target weight if you are unsure. If your dog has any medical conditions you need to discuss this with your veterinarian before starting on any weight loss regime.

From personal experience of not being able to resist the eyes I find still giving treats off my plate leaves me feeling less guilty.. I just take it out of the dinner bowl at the end of the day, that way we both win!

Dr Kriszty Cumming BSc BVMS(hons)

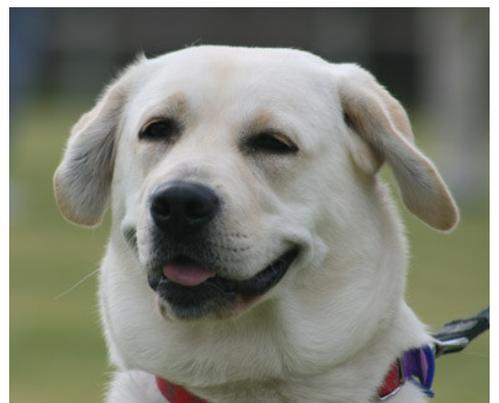
All advice given here is of a general nature only and professional advice should be sought to discuss the individual animal.



### **Notice of Proposal to Change Club Constitution at the Annual General Meeting Proposed Change to Membership Fees**

It is proposed to increase membership fees by \$10.00 per annum for both General Membership and Pensioner Membership. The increase in fees is to fund a part time Secretary position at the club.

The proposed schedule of fees is available at <http://www.northernsuburbsdogclub.org/proposedfees.pdf> or by emailing [admin@northernsuburbsdogclub.org](mailto:admin@northernsuburbsdogclub.org) or by phoning Graeme Fairley on 9447 1618.



## DATES TO REMEMBER

Sunday 5th October	Training All Classes
Sunday 12th October	Training All Classes
Sunday 19th October	Training All Classes
Sunday 26th October	<b>NO TRAINING</b> <b>CAWA Obedience Trial</b> <b>Double Header</b>
Sunday 2nd November	Training All Classes
Sunday 9th November	Training All Classes
Sunday 16th November	Training All Classes
Sunday 23rd November	Training All Classes <b>Obedience-Agility Assesment</b>
Sunday 30th November	Training All Classes
Tuesday 2nd December	<b>Achievement Trial</b> <b>Classes 3 through 9 Only</b> <b>Gates Open 6:15pm</b>
Sunday 7th December	Break Up Day

## 2008 OFFICE BEARERS

PRESIDENT:	Lesley Ross	9300 0281
V. PRESIDENT:	Lyn Harrison	9446 3015
SECRETARY:	Vicki Nemeth	
TREASURER:	Jenny Parker	
COMMITTEE:	Heather Cregan	
	Velma Donatti	
	Paul Dyer	
	Graeme Fairley	9447 6910
	Emma Papworth	9447 1618
	Antionette Parker	

CONTACT INFO: NST & ODC  
PO Box 122, Greenwood WA, 6024  
9447 1859  
enquiries@northernsuburbsdogclub.org

## HELP NEEDED

As you are all aware the Club has it's own van. You may not be aware however that we rely on a small number of people each week to bring the van down to training. If you think you would be able to help out and drive the van to/from training sometimes, we would really love to hear from you. You can leave your details with our Senior Instructor Graeme on a Sunday morning or alternatively you can email your details to - admin@northernsuburbsdogclub.org

— THANKYOU —

## **Better Pets and Gardens**

*All your Pet and Garden needs*

Bibra Lake 3 Port Pirie St 9494 2800	Canning Vale Unit 1, 489 Nicholson Rd 9396 0111	Caversham Corner Lord St & Benara Rd 9377 1270
Clarkson Unit 17, 61 Key Largo Dve 9408 5100	Kelmscott 2938 Albany Highway 93904290	Midland 2-4 Ferguson Ave 9274 5322
Osborne Park 20 King Edward Rd 9242 7977	Port Kennedy Opening Soon!	Wangara 46 Prindville Drive 9309 6300

Gosh, it's cold in the garden right now! Since I 'have' to help by supervising the humans, I hope they whip into Better Pets and Gardens and get me a warm coat!



## KONG RECIPE—THE CHEESE PLUG!!

For dogs that are experienced Kong users:

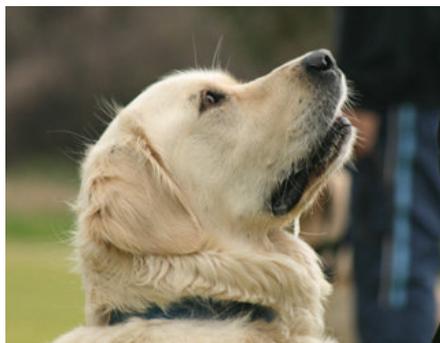
Fill Kong with a soft food such as Polony, dog roll, left over roast meat (no bones), etc. DO NOT fill to brim (leave 1cm spare space).

Melt low fat cheese until runny. Pour melted cheese into remaining space in Kong. (This will serve as a 'plug' and make food removal more difficult for the dog).

Freeze over night.

For dogs that are 'watching their waistlines':

Instead of using cheese, try using a carrot the same size as the top hole of the Kong. Again this will provide a plug and make food removal more difficult.



*He is your friend, your partner, your defender,  
your dog. You are his life, his love, his leader.  
He will be yours, faithful and true, to the last  
beat of his heart. You owe it to him to be  
worthy of such devotion.*

*~ Unknown*